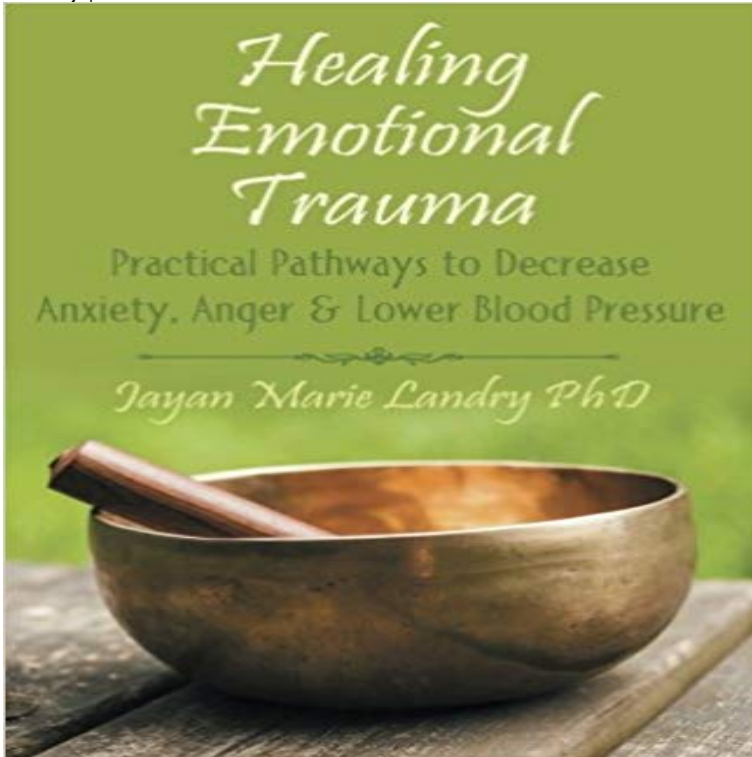


Healing Emotional Trauma: Practical Pathways to Decrease Anxiety, Anger & Lower Blood Pressure



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