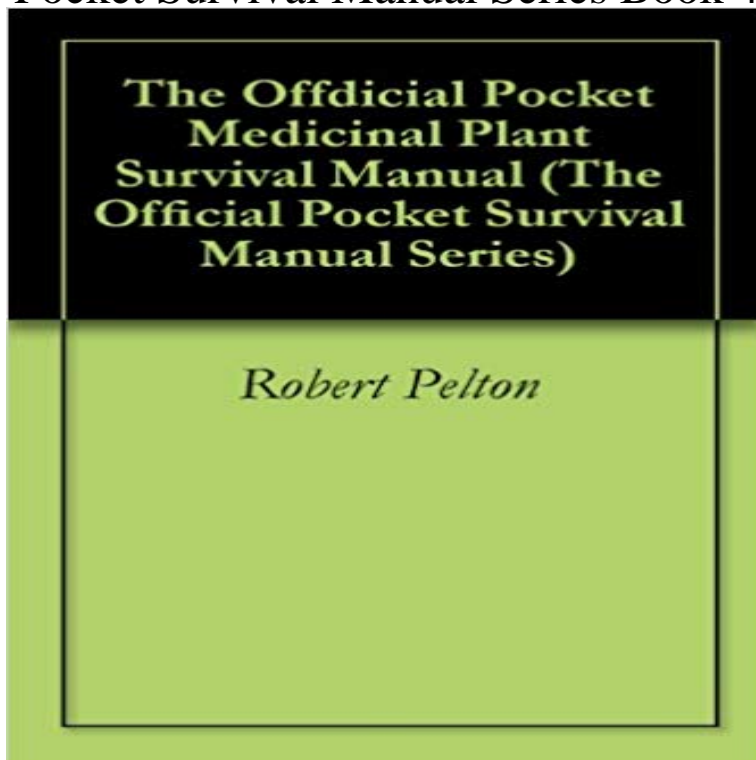


The Official Pocket Medicinal Plant Survival Manual (The Official Pocket Survival Manual Series Book 4)



More than 2,000 years ago, Cleopatra used freshly cut aloe vera leaves as a soothing burn ointment. People of that period in history also commonly sipped tea brewed with white willow bark to relieve the pain of gout. Why did it work? Because that white willow bark contains a natural form of aspirin! Modern medicine borrows heavily from plants in the never ending quest for improved remedies. Of all the prescription drugs sold in the United States, an astounding one-third are derived from plants. Approximately 80 percent of the world's people rely on folk medicine for treatment of their illnesses. People in developing areas of the world depend wholly upon the sometimes strange practices of a local healer, medicine man or witch doctor. Many of their plant concoctions are as effective as modern medications in the civilized world. American Indians developed a vast expertise in plant medicines. And early settlers from England and Western Europe brought to the New World their knowledge of medical treatment with plants. Herbal home remedies were handed down in those families over many generations. In Colonial days, no drugstores could be found on street corners and few, if any, trained doctors. People were forced to rely on homemade medicines. It goes without saying that the greatest pharmacy in the world is found in plants. These plants have incredibly effective medicinal properties. Plants can and should be utilized when faced with an emergency medical situation or where survival may be in question. The Official Pocket Medicinal Plant Survival Manual is designed to show you exactly what to do.

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