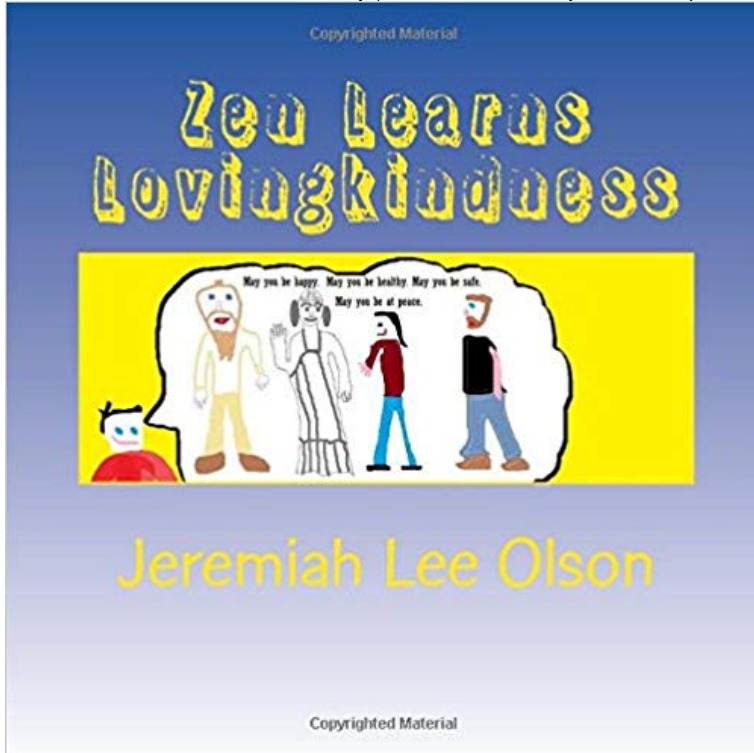


## Zen Learns Lovingkindness (A Boy Named Zen) (Volume 5)



This is the fifth book in the A Boy Named Zen series of childrens books. In this book Zens parents begin to teach him a simple version of the lovingkindness meditation before he goes to bed at night. They stress the importance of wanting everyone to be happy, healthy, safe, and at peace.

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